



Cyberspace Risks & where U Seek Help

---

## **X-TREME JUNE 2010**

*A Holiday Programme by  
TOUCH Cyber Wellness & Sports*

X-treme June 2010 allows youths to experience outdoor adventures, learn new skills and make new friends through uniquely crafted structured activities.

### **Program Details**

#### **“STRETCH YOUR DREAMS – ADVENTURE LEARNING - KAYAKING”**

Date/Venue: 11<sup>th</sup> June 2010 / Kallang Sea Sport Center

Registration Fee: \$15.00

“Stretch Your Dreams” brings youth on an experience of Kayaking, stretching their limit and endurance to the next level. Participants will get to enjoy a fun kayaking experience, learning basics of the sport and make new friends.

#### **“PLANETCRUSH NATURE DERBY”**

Date/Venue: 18<sup>th</sup> June 2010

Registration Fee: \$15.00

Come put your skills to the test as you pit them against Mother Nature. Think you can last till the end? There will be a hiking experience, outdoor cooking galore and a great view to top of a wonderful nature experience. So don't delay! Sign up now!

#### **“BE BOWLED OVER!”**

A PlanetCRuSH Bowling Event

Date/Venue: 25<sup>th</sup> June 2010 / SAFRA Mount Faber

Registration Fee: \$20.00

Virtual bowling in Nintendo Wii versus Real-Life bowling? Which one will you fare better in? Have the guts to pit your skills against your friends both in the virtual and real-life bowling scene?



Cyberspace Risks & where U Seek Help

<b>Program:</b>	<b>"Stretch Your Dreams!" – Adventure Learning - Kayaking</b>	<b>Please Indicate:</b>
<b>Date:</b>	<b>11th June 2010 (Fri)</b>	
<b>Time:</b>	<b>10am – 1 pm</b>	<input type="checkbox"/>
<b>Cost:</b>	<b>\$30.00</b>	
<b>Reporting Place :</b>	<b>Lavender MRT Station</b>	
<b>Program:</b>	<b>PlanetCRuSH Nature Derby</b>	
<b>Date:</b>	<b>18<sup>th</sup> June 2010 (Fri)</b>	
<b>Time:</b>	<b>10am – 1pm</b>	<input type="checkbox"/>
<b>Cost:</b>	<b>\$15.00</b>	
<b>Reporting Place :</b>	<b>Planet CRuSH Cyber Wellness Centre</b>	
<b>Program:</b>	<b>Be Bowled Over!</b>	
<b>Date:</b>	<b>25<sup>th</sup> June 2010 (Fri)</b>	
<b>Time:</b>	<b>10pm – 1.30pm</b>	<input type="checkbox"/>
<b>Cost:</b>	<b>\$20.00</b>	
<b>Reporting Place :</b>	<b>Planet CRuSH Cyber Wellness Centre</b>	

**Participant's Details:**

NRIC		Full Name	
Contact Num		Email	
Address			

**Parent/Guardian's Details:**

NRIC		Full Name	
Contact Num		Email	
Address (if different)			

**Payment Methods:**

Fee: \_\_\_\_\_ Verified by Staff: \_\_\_\_\_

- By Cash
- By Cheque

Cheque No. \_\_\_\_\_ Bank \_\_\_\_\_

*(Please make a crossed cheque to "TOUCH Youth Ltd", writing "TYL -X-treme June 2010" at the back of cheque)*

Complete and send this form back to us with payment by 25<sup>th</sup> **May 2010**

Fax: 6271 5449

Email: [cyberwellness@touch.org.sg](mailto:cyberwellness@touch.org.sg)



Cyberspace Risks & where U Seek Help

**TOUCH Cyber Wellness & Sports  
X-treme June 2010  
Parents/Guardian Consent and Indemnity Form**

**(For Participants 18 years & below)**

I, father/mother/guardian\*, \_\_\_\_\_, \_\_\_\_\_,  
(Full Name) (NRIC Number)

hereby give consent to \_\_\_\_\_, \_\_\_\_\_,  
(Full Name) (NRIC Number)

to participate in the X-treme June 2010 activities, organized by TOUCH Cyber Wellness & Sports, TOUCH Youth Ltd.

I will not hold TOUCH Youth Ltd responsible for any accidents, mishaps or personal injuries caused to my child/ward\* during the course of the programme.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**In event of emergency please contact**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

HP No.: \_\_\_\_\_

Office No.: \_\_\_\_\_

Home No.: \_\_\_\_\_